

SOLEMNITY OF PENTECOST

Sunday 31st May 2020.

NINTH WEEK IN ORDINARY TIME

Fr Malachy Conlon 04293-76105
St James' Church 042-9397684
Parish email: cooleyparish@gmail.com
Parish website: www.cooleyparish.ie

Fr Stephen Duffy 042-9371327
Fr Oliver Stansfield 042-9375198

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Daily Mass is celebrated privately in the Church of Our Lady, Star of the Sea, Boher - Monday – Friday at 10.00am, Sunday at 11.00am. The Rosary is prayed each evening at 9.00pm and both can be viewed on the parish webcam.

Please note that due to a camera fault the location of daily Mass and Rosary has changed from Grange to Boher

The link is: <https://www.mcnmedia.tv/camera/church-of-our-lady-star-of-the-sea-boher>

Intentions for the week:

Recently deceased:
Patrick Carron, Muchgrange
Caolan Meegan, Kilkcurry
Peader J. Keenan, Spellickanne
Betty Rogers, Dowdallshill, Dundalk

Anniversaries:

Brian Mc Keown
Dr Andrew and Lily Mc Donald
Paddy Carron
Matt and Mary Keenan
Peter and Sarah Keenan and deceased family members
Ivars Ore
Veronica Ferguson and deceased family members
Matt, Dorothy and Jim Malone and deceased family members
Angela and James Byrne

PARISH BULLETIN – online

Anyone wishing to have a notice placed in the bulletin are asked to email the notice to: cooleyparish@gmail.com before 5.00pm on Wednesday.

Trócaire Lenten Box Appeal

Every year Trócaire asks for your help during Lent to fund lifesaving programmes around the world. This year, of course, it was not possible to return Trócaire boxes through schools or parishes in the usual way. This is the worst possible timing coming just as the world's poorest people need us most. Trócaire is therefore appealing to you to return your Lenten donation. Simply count or estimate what is in your box and donate in the following ways:

1. Online at www.trocaire.org

2. By phone: 1850 408 408

3. By post to Trócaire, Maynooth, Co. Kildare

4. On this Sunday 31st May here in Cooley Parish you can return your Trocaire boxes to any of our church carparks, Grange, Boher or Mullaghbuoy between 11.00am and 2.00pm where members of the Pastoral Council will receive all donations. Parish envelopes are also welcome.

The contents of each and every Trócaire box, no matter how small, come together to make a significant difference. This virus knows no borders, but neither does our compassion.

PRAYER INTENTION TREES

The prayer intention trees in each of the churches will be planted in the meditation garden on today Saturday 30th May at 7.30pm. Sadly, because of the current restrictions, the planting will be done by members of the Pastoral Council and a number of young people from the John Paul 11 Awards Group.

Annual Diocesan Pilgrimage to Knock - 31 May 2020

The Annual Diocesan Pilgrimage to Knock will be celebrated on 31st May, Pentecost Sunday. This year, due to the COVID-19 pandemic, the Pilgrimage will be celebrated online from Knock Shrine beginning at 2.30 pm, with the recitation of the Rosary, a video greeting from the Archbishop at 2.55 pm and the celebration of the Pilgrimage Mass at 3 pm. The Pilgrimage can be viewed using any of the following links:

<https://www.knockshrine.ie/watch-live/?v=79cba1185463>

<https://youtu.be/ZXQ4Uqqzr1s>

<https://www.armagharchdiocese.org/virtual-pilgrimage-to-knock-2020/>

Bereavement Support Line – Pastoral Centre, Dundalk

Due to the Covid-19 pandemic the Bereavement Walk-in Service at the Pastoral Centre, Dundalk, has been unable to operate as normal over the past few months. A new telephone listening service began during the past week. Members of the Bereavement Team will be available at the following times, and on the following numbers, to support adults who are grieving the loss of a loved one:

Monday	6.30pm – 8.30pm	089-4677721
Tuesday	6.30pm – 8.30pm	089-4682919
Thursday	6.30pm – 8.30pm	089-4677734
Friday	6.30pm – 8.30pm	089 -4677747

Emotional Wellbeing during the Covid-19 Pandemic - Video

In conjunction with Fr. Dermot McCaul, SMA, the diocese has produced a short video on emotional wellbeing during the Covid-19 pandemic. The video is intended to offer guidance around issues of emotional wellbeing and mental health during these times. It also gives some sound and practical advice on how each of us can navigate these challenges and indeed flourish beyond this period. Fr. Dermot suggests five daily actions and activities that can help:

1. Reduce and limit Media and Multimedia interaction
2. Exercise Daily
3. Make time for daily prayer
4. Develop and maintain a daily routine
5. Whilst honouring social distancing protocol engage with family and friends

The video can be accessed at the following link:

<https://youtu.be/f8jX-f0QcH0>